



SERENITY HOUSE
COUNSELING SERVICES, INC.

prevention • treatment • recovery



25 Years of Miracles

November 2009

A Message From

David Tews, Ed.D., President/CEO
Debbie Garrett, Board Chair
Serenity House Counseling Services, Inc.

Twenty-five years ago Serenity House was born. A small cottage housed four men desperate to live new lives free from addiction. Today, we serve over 300 men and women annually in our extended residential and recovery home programs with 107 beds and 200 individuals weekly in our outpatient programs. We also provide HIV counseling and testing to hundreds of men and women each year. While there have been inevitable challenges, there have been numerous miracles. One miracle is that we continue to provide these essential human services during our very difficult current economic times. Unemployment is impacting many in our community. However, the clients in our extended residential and recovery home programs humbly take whatever work they can find to help themselves back to the road to recovery, productivity, and health.

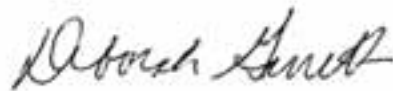
It has been an incredible year—doomsday budget plans and the uncertainty of the reality that we might not be able to do the work we do. However, our supporters, staff, board members, clients and clients' families demonstrated amazing efforts advocating for the restoration of Serenity House's funding. Cuts have been made, and doomsday was averted; we live to serve another person another day. We all face the simple philosophy of the recovering person, "One day at a time."

Thanks to all of you for your continued support!



David's Signature

David Tews, Ed.D., President/CEO



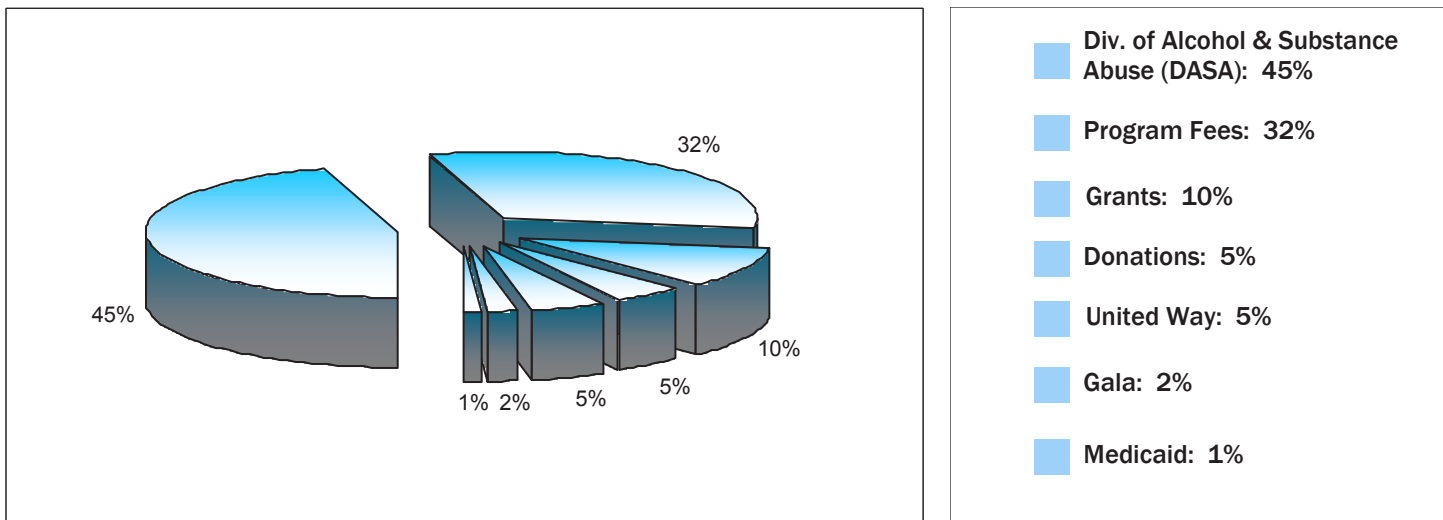
Debbie's Signature

Debbie Garrett, Board Chairperson
Serenity House Counseling Services, Inc.



Revenue Sources

Fiscal Year 2009/2010 \$2,074,536



Programs at a Glance

Extended Residential Care (ERC)

- Services provided to 187 individuals in the Men’s Program
- Services provided to 54 individuals in the Women’s Program

HIV Program

- 620 individuals tested

Recovery Home (RH)

- Services provided to 83 individuals in the Men’s Program
- Services provided to 45 individuals in the Women’s Program

Outpatient Services (OP)

- Services provided to 205 individuals in OP
- Services provided to 170 individuals in IOP
- Services provided to 94 individuals in Risk Education

Serenity House engages in continuous quality improvement to provide innovative and highly effective treatment services that facilitate recovery from substance abuse and dependence. Highlights include:

- 85% of Outpatient Services participants reported utilization of community resources helped to strengthen their recovery.
- 92% reported that the Recovery Home helped them to transition to an affordable living environment following primary treatment.
- 96% reported receiving needed life skills, structure, and support to aid in their recovery program while living in the Extended Residential Care program.



The Community Memorial Foundation is dedicated to improving the health of the people who live and work in Chicago's western suburbs, as well as strengthening organizations that touch people's lives with important programs and services.

Serenity House is one such organization that has partnered with the Community Memorial Foundation to help increase community giving and provide even more individuals in need with comprehensive substance abuse treatment services.



Double Your Donation With A Matching Grant!

The Community Memorial Foundation will provide a 1:1 match on all qualified contributions for donations received before December 31st, 2009. Qualifying contributions include:

- First time donors or lapsed donors (if you have not donated within the last year)
- Current donors who donate an **increased** amount between now and 12/31/09 (the increased amount will be matched up to \$1,000)
- Donations may come from individuals, corporations, church groups, service groups, and family foundations.

Matched contributions will go towards the Serenity House Client Medical/Dental/Optical fund, providing men and women participating in our programs with access to basic health care services.

At Serenity House Counseling Services, Inc. we respond to the needs of men and women who are positively changing their lives each day, but we cannot do it alone. Your donation, matched by the generosity of the Community Memorial Foundation, will give these individuals the opportunity to reunite their families, thrive in the workplace, and contribute as respected members of their communities.

Your donation is an investment in the life of a recovering person.

Please send your contribution today in the attached envelope or make a donation online at serenityhouse.com — it's safe, secure, and easy to do! Your gift will help to ensure that there is hope for everyone. Thank you.

Your generous donation will help men and women make life changes that positively impact families and communities.

Dear Serenity House:

When I was 15 I joined a gang, sold drugs and then became a heroin addict myself. I was arrested shortly after I turned 19 and thankfully was put into the DuPage County Drug Court program. From there I was sent to inpatient treatment and then to Serenity House for four months. I relapsed into my old ways but was given a second chance and came back — this time with willingness and an open mind. I decided to really try this time and I slowly realized it wasn't the world against me. I was causing my own problems.

Today I am a college student with a 4.0 GPA and a bright future. Thank you for all you did to help me get back on track.



Dear Serenity House Staff:

Your probably don't remember me, but I went through your residential program seven years ago. My life has changed so much, I can't believe that I am the same person. After I was about three years sober I met my husband and today we have a little girl. Neither one has ever seen me drunk, and I am so grateful for that. You taught me so much when I was there and now I am using what I've learned to help others. Thank you for being there when I needed help.

Dear Serenity House:

My husband completed your program last month and is now back home with me and our two children. He has really made a commitment to his recovery and to his family. At first we weren't sure that anything could be done to help. He had been in and out of treatment centers for the past several years, but nothing changed. Your family program helped me to understand how his addiction affected all of us and today, everything is so different and much better. Thank you for bringing all of us back together.



There are many ways you can help save lives through the work of Serenity House Counseling Services, Inc. Please call (630) 620-6616 X129 for details.

Each of us has cause to think with deep gratitude

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The support you provide is very important. Please contact us at (630) 620-6616 X129 if we have overlooked your contribution.

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Celebrating
25 years
Of Miracles!

Save The Date!
**Serenity House 2010
Gala Fundraiser**
Saturday, April 17, 6:00 p.m.
Empress Banquets
200 East Lake Street
Addison, IL 60101

Special Guest Speaker
Lester Munson
Entertainment
The Renditions



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serenityhouse.com

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